

## MoM-MHPSS-TF-South-5

<b>Date</b>	Tuesday December 1, 2015	<b>Venue</b>	LWAH Sarafand
<b>Time</b>	10-11:15am	<b>Minutes prepared by</b>	Moataz Tayara
<b>Organizations attending</b>	Blue Mission, Imam Sadr Foundation, International Medical Corps, LWAH, MoPH, MSF Swiss, NISCUT, UNICEF, UNHCR, UNRWA.		
<b>Agenda</b>			
<p>- Presentation of the 2016 targets of the Mental Health and Substance Use strategy for Lebanon 2015-2020</p> <p>- Review of the MHPSS TF draft action plan for 2016</p> <p>- General Updates</p>			
<b>Discussion</b>			<b>Action / Decision / Suggestion</b>
<p>1. Presentation of the 2016 targets of the Mental Health and Substance Use strategy for Lebanon 2015-2020</p> <p>➤ Targets to be achieved by the end of 2016 in the national strategy were presented (Available in the end of the strategy document which is accessible on the following link <a href="http://www.moph.gov.lb/AboutUs/strategicplans/Pages/MentalHealthStrategy.aspx">http://www.moph.gov.lb/AboutUs/strategicplans/Pages/MentalHealthStrategy.aspx</a> )</p> <p>➤ Other activities achieved/started by the NMHP in 2015:</p> <ul style="list-style-type: none"> <li>▪ National mental health campaign</li> <li>▪ Review and standardization of the list of psychotropic medications currently under use by the different organizations prescribing or dispensing such medications</li> <li>▪ Roll-out mhGAP TOT for Lebanese University Faculty of Public Health members</li> <li>▪ Expansion and formalization of partnerships with governmental and non-governmental entities</li> <li>▪ Building of Support and Supervision Unit</li> <li>▪ Development of proposals in collaboration with other organizations (LebMash, UNFPA, SanteSud, MDM, IMC, Embrace...)</li> <li>▪ Development of mhGAP job aids</li> <li>▪ Development of MH protocols for integration into the PHC HIS</li> </ul>			

<ul style="list-style-type: none"> <li>▪ Development of accreditation standards and licensing requirements for residential substance use programmes</li> </ul>	
--	--

<p><b>2. Review of the MHPSS TF draft action plan for 2016</b></p>	
--	--

<p>➤ The draft MHPSS TF action plan for 2016, developed based on discussions made within the task force in all regions, was reviewed:</p> <ul style="list-style-type: none"> <li>▪ Referral system project (Build referral system, develop crisis management protocols and conduct trainings (including PFA trainings))</li> <li>▪ Conduct an online 4Ws assessment bi-annually</li> <li>▪ Develop and report on key indicators on MHPSS and substance use service utilization</li> <li>▪ Develop an action plan for staff care recommendations uptake based on staff care assessment results</li> <li>▪ Develop a code of ethics for NGOs working in MHPSS</li> <li>▪ Identify range of salaries and benefits for MH specialists working in humanitarian field</li> <li>▪ Harmonize recruitment criteria for hiring MH specialists</li> <li>▪ Scale-up mental health trainings for ER staff in selected key hospitals</li> <li>▪ Conduct trainings for CP and SGBV case workers on how to identify and refer mental health cases in children and adults</li> <li>▪ Conduct trainings for front-liners/community mobilizers on identification and referral for children in need protection and provide Support &amp; Supervision by CP sector</li> <li>▪ Conduct trainings for committees in the regions (youth committee, family committee...) on recognizing main MH signs and symptoms and referral</li> <li>▪ Conduct trainings for Refugee Outreach Volunteers (ROVs) on recognizing and referring severe mental disorders and on Psychological First Aid</li> <li>▪ Conduct IPT trainings and supervision for 20 participants selected from TF organizations, universities and scientific societies</li> </ul>	<p>➤ Discussion around action plan:</p> <ul style="list-style-type: none"> <li>- These objectives are to be achieved through coordination between all TF organizations.</li> <li>- The need to work with the committees and parents was emphasized, through support groups with members of committees.</li> <li>- Suggestion to add a component of outreach in Palestinian camps and other areas that always receive minimal help (Hasbaya, Chabaa) and to involve local organizations in trainings conducted.</li> <li>- Suggestion to conduct media campaign to reduce stigma: NMHP will be conducting annual mental health campaign in September 2016.</li> </ul>
--	--

<p><b>3. General Updates</b></p>	
----------------------------------	--

<p>➤ The NMHP is developing a mental health and substance use strategy for prisons and detention centers, also one of the objectives (5.5.1) of the national strategy. Field visits, focus group discussions with stakeholders and bilateral meetings with relevant actors are being conducted.</p>	
---	--

- IMC are starting to provide mental health services in Moasat Center in Saida.
- The “16 days of activism” campaign is still ongoing if anyone is still interested in taking part.
- ICRC have recently begun activities in Saida:
  - Working with the families of the missing, supporting them and giving them recognition because they still have open wounds.
    - Targeting the ones whose main family providers are missing to help in referral.
  - Currently starting activities in Baabda by training individuals from the community to help in group facilitation.
  - Sustaining a data collection programme of all the missing persons and planning on including a biological reference (DNA database). Data is compiled from organizations who already work with missing persons and is filtered on a regular basis.
  - There are 6000 missing persons.
  - The basic activities of ICRC include for the first time in the country the PSS component.

**Next meeting: Tuesday January 5, 2015 at 10am at Blue Mission Organization, Saida.**