

## What you should do if you are coming from a country or a region where a coronavirus outbreak is reported ?

Fill out the MOPH identification form during the flight or in the Center of the Quarantine at Rafik Hariri International Airport on arrival.

## If you have symptoms of respiratory infection (fever, cough, shortness of breath, sore throat)

Notify the crew team and the Center of the Quarantine at Rafik Hariri International Airport on arrival in order to take adequate prevention measures.



## If you have any symptoms of coronavirus at any time after leaving the airport (in the 14 days following your return)

- \* Please self-isolate straight away.
- \* Contact your physician, rather than turning up in person.
- \* Make sure to mention recent return from a country or a region where a coronavirus outbreak is reported.

## For any inquiry on COVID-19

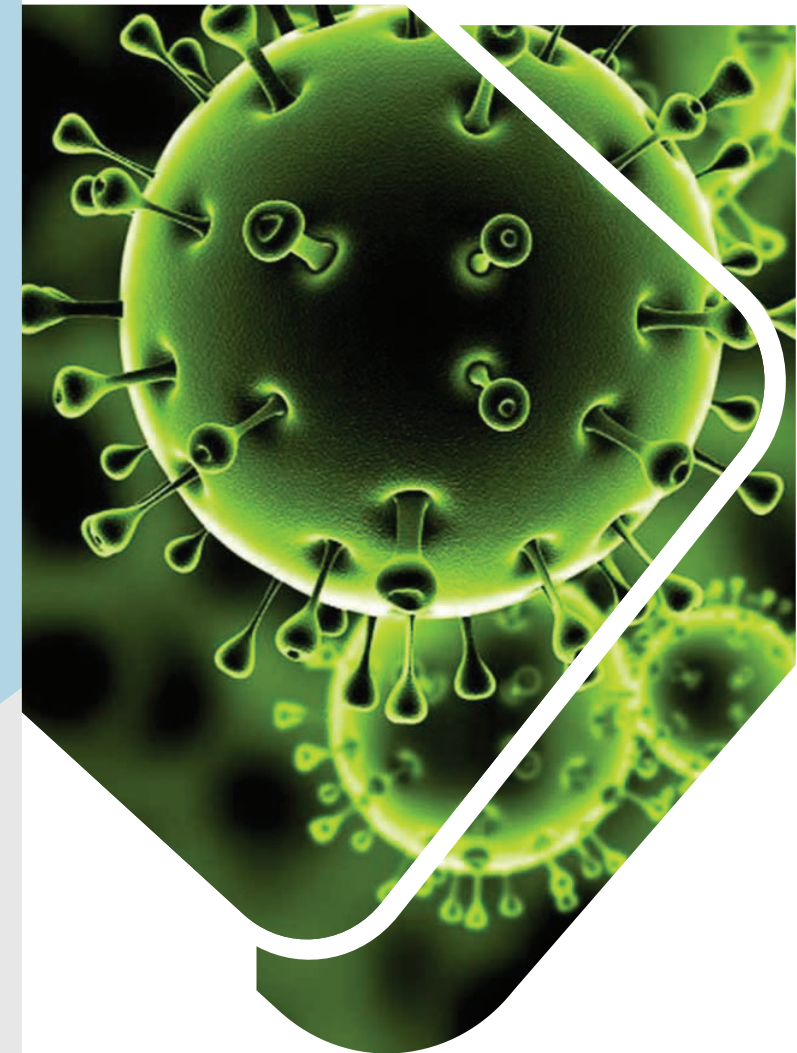
**MOPH Hotline 1214**

**Airport quarantine section  
01-629352**

**Epidemiological Surveillance Unit  
01-614194 | 01-614196**

**Preventive medicine center  
01-843769 | 01-830300  
Ext. 435/436/437**

## What is coronavirus (COVID-19)?



## What is the coronavirus that causes COVID-19?

Coronaviruses are a large family of viruses and are known to cause illness ranging from the common cold to more severe diseases. For most cases, illness is mild and the person recovers by himself/herself. The coronavirus causing COVID-19 is a new strain of coronavirus identified as the cause of an outbreak of respiratory illness first detected in Wuhan, China.

### Symptoms can include:

Fever  
Cough  
Shortness of breath  
Sore throat

To date, there is no specific antiviral treatment. The medical care provided is mainly to relieve and treat symptoms.

**There is currently no vaccine to protect against COVID-19.**

## How does the coronavirus causing COVID-19 spread?

### Direct

Via respiratory droplets produced when an infected person coughs or sneezes. The virus is also present in the saliva.

Cover your cough or sneeze with a tissue, then throw the tissue immediately in the trash. If tissues are not available cough/sneeze into your upper arm.

If you present respiratory infection symptoms (cough, fever, shortness of breath, sore throat), seek medical care as soon as possible.

Do not share utensils or personal items like toothbrush, hair brush, cups etc

### Indirect

By touching a surface or object that has the virus on it and then touching your mouth, nose, or eyes.

***The virus can remain infective up to 12 hours at least on inert material.***

## In case you have to travel to an affected country please take the following precautions

*The Ministry of Public Health advises people to avoid travelling to infected countries unless it is absolutely necessary.*

**\*Avoid close contact with people who have symptoms of a respiratory infection.**

**\*Avoid consumption of raw or undercooked animal products (meat, eggs).**

**\*Wash your hands often with soap and water. If soap and water are not readily available, use an alcohol-based hand sanitizer (concentrated >50% alcohol).**

**\*Avoid contact with animals (alive or deceased) or visiting live animal markets, wet markets or animal product markets.**

**\*Avoid crowded places. In case it is essential to be present there, wear a facemask.**

