

MoM-MHPSS-TF-South-9

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| Date | Tuesday May 17, 2016 | Venue | Nabih Berri Rehabilitation Compound |
| Time | 10-11:15am | Minutes prepared by | Rayan Taher |

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| Organizations attending | Blue Mission Organization, International Medical Corps, Islamic Relief, Lebanese Welfare Association for the Handicapped, Ministry of Public Health, Terre Des Hommes, UNHCR and UNRWA. |
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Agenda

1. Consultation on MHPSS community service utilization indicators
2. Update from the referral system working group
3. Presentation by Blue Mission Organization

| Discussion | Action / Decision / Suggestion |
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1. Consultation on MHPSS community service utilization indicators

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| <ul style="list-style-type: none"> ➤ Action 4 of the TF 2016 Action Plan: Develop and report on key indicators on MHPSS community service utilization ➤ Aim: to ensure that all organizations are reporting at least on a minimum of indicators that are useful for monitoring MHPSS activities and informing planning of new ones. ➤ Around 10 TF organizations have shared the indicators that they report on. ➤ Based on a review of these indicators, a list of indicators was drafted. ➤ The list was reviewed during the task force meeting. ➤ Main feedback of the South task force: <ul style="list-style-type: none"> - Suggestion for additional indicators: <ul style="list-style-type: none"> ○ Number of patients that are being hospitalized ○ Number of patients who stop therapy because of lack of commitment | <ul style="list-style-type: none"> ➤ Once the feedback from the task force in all regions is gathered and addressed, the list of indicators will be shared with all for review and feedback before finalization. |
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2. Update from the Referral System Working Group

- **Action 1 of the TF 2016 Action Plan: Develop a referral system for crisis management linking all levels of care**
 - **Step 1: Develop crisis management protocols**
 - **Step 2: Build referral system**
- **The first meeting of the referral system working group took place on**

March 24.

➤ **A summary of the discussion points of the working group was presented to the South task force and additional feedback was gathered:**

a. Challenges and bottlenecks in current referral mechanisms

- No capacity to provide services in a timely manner for emergency cases that occur Friday night through Sunday.
- Front-line case workers are not trained to identify when a child is in need of protection or when a child needs a mental health service.
- Sometimes inability to attend to serious cases that do not require hospitalization because psychiatrists are overwhelmed.
- Liability for handling the case
- Families are more and more reticent to move because of documentation issues.
- Accessing a service when no mobile unit is available is an issue.
- Considerable challenge in tracking referrals. No feedback system in place so far in any sector.
- Inability to track referrals made from community level.
- Confidentiality

b. Critical considerations in building a referral pathway

- Mapping of the capacity of every organization to absorb cases and of the types of cases it deals with.
- Accounting for staff turnover.
- Tailoring the protocols to the focal persons/case managers from different sectors (Protection, shelter...)
- Clarifying the responsibility of each organization and its scope and limitations.

➤ **Next Action points of the referral system working group:**

- **To examine referral pathways of every sector to identify commonalities and have a thematic review of minimum standards.**
- **To revise 4Ws excel sheet to cover only indicators that are important for the referral system development.**

2. Presentation by Blue Mission Organization

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| <ul style="list-style-type: none">➤ Blue Mission Organization gave a presentation on their organization's activities related to mental health, focusing on their new project in the South in partnership with Islamic Relief.➤ Through this project, mental health services are being provided in educational centers.➤ Blue Mission Organization also provides coaching sessions, hosts a Public Library, and organizes a National reading week for 2-3 months (during which they conduct activities that encourage reading and PSS activities).➤ Plan to work with parents on positive discipline, and how to manage stress. | <ul style="list-style-type: none">➤ For referrals, Blue Mission Organization's hotline is: 81-629 594 |
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3. General Updates

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| <ul style="list-style-type: none">➤ UNHCR reported a lack of mental health services in Chebaa, particularly following MSF end of project. | <ul style="list-style-type: none">➤ Blue Mission Organization are interested in supporting mental health services in Chebaa and are ready to explore possibilities in partnership with Islamic Relief.➤ Reem Mdeihly from UNHCR to put Blue Mission Organization and Islamic Relief in contact with MSF to learn more about the gap of mental health services in Chebaa. |
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➤ **Development of the “Substance Use Strategy for Lebanon 2016-2020”**

- The development of this document has been coordinated by the Ministry of Public Health in partnership with the Ministry of Social Affairs, Ministry of Interior and Municipalities, Ministry of Justice and Ministry of Education and Higher Education; in line with the WHO regional framework for Strengthening Public Health Response to Substance Use and based on the priorities identified in the National Consultation meeting conducted in April 2015.
- The goals and domains of action of this strategy are meant to constitute a framework that will guide national efforts engaged for substance use response (prevention, treatment, rehabilitation, re-integration into society and supply reduction).
- The draft was reviewed by local and international experts and revised accordingly.
- A national consensus meeting will be held on May 19 to present the latest draft of the strategy and gather additional feedback from stakeholders.

➤ **PFA TOT**

- In line with the Mental Health and Substance Use Strategy for Lebanon 2015-2020, and the Mental Health and Psychosocial Support task force action plan, the Ministry of Public Health, in collaboration with the World Health Organization, conducted two two-day training of trainers (TOT) workshops on Psychological First Aid (PFA) on 19, 21, 26, and 28 April 2016.
- A total of 45 participants from the MOPH, UN agencies, and NGOs working in the field, with background in psychology, social work and psychiatric nursing, have attended the training which aimed at enhancing their capacities in delivering PFA trainings to non-mental health front-liners.
- This is the first series of trainings involving specialists in mental health who will themselves be delivering training sessions to non-specialists working in primary health care centres and social development centres.

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| <ul style="list-style-type: none"> ➤ World Bank/WHO have convened for the first time a very high level conference on mental health in Washington DC in April to encourage investments in mental health. ➤ During the first day an Innovation Fair was held with around 20 innovation from around the globe featured. The National Mental Health Programme in Lebanon was selected as one of them specifically for the collaboration model put in place in the country. ➤ The MHPSS task force is a major component of this collaboration model as it is proving to be an effective mechanism for coordination with the aim of harmonizing and mainstreaming MHPSS in all sectors and improving access to care. | <ul style="list-style-type: none"> ➤ Below is the link to the case study about Lebanon on the Mental Health Innovation Network: http://mhinnovation.net/find?search_api_views_fulltext=Lebanon&sort by=search api relevance 1 ➤ A policy brief, an infographic and a post card designed specifically for the occasion will be shared with the task force. |
| <ul style="list-style-type: none"> ➤ Kind reminder for organizations which haven't done so yet to fill the capacity building form shared with the task force and to share the code of conduct, recruitment criteria and benefit packages that are used for hiring mental health professionals. | |
| <ul style="list-style-type: none"> ➤ The Ministry of Public Health in collaboration with WHO will begin a series of mhGap trainings starting next week for staff of PHC centers that are part of the MOPH network and the Universal Health Coverage Project. | |
| <p>Next meeting: Tuesday June 7, 2016, in Blue Mission Organization, Saïda.</p> | |