

MoM-MHPSS-TF-South-10

Date	Tuesday June 7, 2016	Venue	Blue Mission Organisation
Time	10:00am-11:00am	Minutes prepared by	Nour Kik
Organizations attending	Blue Mission Organisation, Handicap International, International Medical Corps, Ministry of Public Health, Medecins Sans Frontieres, UNHCR, UNRWA.		

Agenda

1. Consultation on crisis management protocols
2. Presentation on the Inter-Personal Psychotherapy Project
3. General updates

Discussion	Action / Decision / Suggestion
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1. Consultation on crisis management protocols

- The latest draft of the crisis management “Frontliner protocol” was presented to the task force.
- The frontliner protocol is meant to be used by any staff member in the field, regardless of educational background, to provide them with assistance on how best to aid a person in crisis.
- Two additional protocols have been developed to be used by those in the health-related professions: the Professional Agitation Protocol and the Professional Suicide and Self-Harm Protocol.
- The following feedback was gathered on the frontliner protocol:
 - **The protocols answer a very urgent need on the ground**
 - **The protocols will be very useful**
 - **The protocols are user-friendly, content is clear and understandable**
 - **All content necessary for enabling frontline staff to aid individuals in crisis is present**
 - **Overall flow is intuitive**
 - **The included material covers the majority of crisis situations typically encountered.**
 - **The mental health screening is straight forward**
 - **In the demographic information, to consider adding questions related to:**
 - **Pre-existing conditions or medication use (as what they are experiencing may be due to a medication side effect)**
 - **To consider moving the SOHHA box to the end because it crowds the flowchart and it contains general principles**
 - **To consider adding additional probes in the mental health screening for depression (such as on sleep, etc.) in the section related to current situation.**

2. Presentation on the Inter-Personal Psychotherapy Project

- **Action 10 on the MHPSS TF Action plan 2016, in line with the recommendations of the 4Ws report 2015: Conduct Inter-Personal Psychotherapy (IPT) trainings and supervision for 20 participants selected from TF organizations, universities and scientific societies**
- **The implementation of this project was supported by IMC as a partner of the NMHP and was implemented in collaboration with Columbia University**
- **Goal: building national capacity in IPT, adapted in content and delivery methods to increase local relevance for CMDs in persons affected by the Syrian crisis in Lebanon.**
- **A comprehensive implementation approach to capacity building was adopted, whereby:**
 - Project trainees included future IPT providers (N=10) as well as more senior clinicians who will be the future IPT trainers (N=11)
 - These participants were selected based on specific qualification criteria developed by the NMHP, Columbia University trainers and IMC.
- **The training was divided into 3 phases:**
 1. Training of trainers to reach competency levels as IPT providers.
 2. Supervision phase:
 3. Advanced training of trainers on intensive IPT skills and clinical management skills.
- **Future steps:**
 - Continuation of supervision until existing participants reach competency levels
 - In order to ensure a rigorous certification process, it is recommended to produce rigid national regulations and standards that include clear eligibility criteria based on which trainees can be evaluated progressively during their training.
 - Securing funds for the future phases - train additional 30 providers involved in the response in the Syrian crisis, which will also give the future trainers from this project the chance to learn to conduct supervision and training.

4. General Updates

- The MOPH in collaboration with the World Health Organization conducted a series of training workshops in May and June 2016 in Beirut on the mental health Gap Action Programme (mhGAP).
 - The mhGAP- intervention guide is a tool developed by WHO for non-specialized staff to deliver mental health interventions.
 - The focus this year is on the PHC centres that are part of the MOPH Emergency Public Health Restoration Project and the training is divided in two phases of 3-day training each, separated by on-site support and supervision.
 - A total of 44 centres, spread over Mount Lebanon, the South, and the North, took part of the first phase of training, with a total of 85 staff, namely medical doctors, nurses, and social workers.
 - After receiving the training, the facilities will be visited by MOPH supervisors, as part of the onsite support and supervision in order to strengthen the skills learnt in the training and monitor the quality of care as well as assist in any problem faced.

Next meeting: To be determined based on the occurrence of the EID HOLIDAY.