

**MoM-MHPSS-TF-South-3**

<b>Date</b>	Tuesday October 6, 2015	<b>Venue</b>	Blue Mission Organization- Saida
<b>Time</b>	10-11:15am	<b>Minutes prepared by</b>	Moataz Tayara
<b>Organizations attending</b>	Blue Mission, International Medical Corps, LWAH, MoPH, MSF Swiss, NISCUT, UNRWA, UNHCR, Imam Sadr Foundation, UNICEF, Amel Association		

**Agenda**

- 1. Presentation by Beit Atfal Assoumoud organization**
- 2. Presentation of the WHO-AIMS (The WHO Assessment Instrument for Mental Health Systems) for Lebanon**
- 3. Brainstorming for the South MHPSS TF action plan 2016**
- 4. General Updates**

<b>Discussion</b>	<b>Action / Decision / Suggestion</b>
<b>1. Presentation by Beit Atfal Assoumoud</b>	
<ul style="list-style-type: none"> <li>➤ Beit Atfal Assoumoud gave a presentation of their:               <ul style="list-style-type: none"> <li>○ Programs and services (Family support program, educational services, health services including mental health program, capacity-building workshops for children and youth...)</li> <li>○ Family guidance centers (five: Beirut, Beddawi, Nahr El Bared, Al Bass and Saida) providing free mental health services for children and youth under 18 years and their families, with an emphasis on family                   <ul style="list-style-type: none"> <li>➔ Multi-disciplinary teams</li> <li>➔ Services provided include individual sessions, group sessions and sessions with parents, home visits, assessment and referral, support groups for parents, awareness sessions for community and training for parents, field visits, services for children with special needs, etc.</li> <li>➔ Beneficiaries: Palestinian refugees from Lebanon and Syria, displaced Syrians and marginalized persons from other nationalities.</li> </ul> </li> </ul> </li> <li>➤ Beit Atfal Assoumoud are preparing for the yearly international mental health conference they organize which will take place in May 2016.</li> </ul>	<ul style="list-style-type: none"> <li>➤ The PowerPoint presentation will be shared along with the minutes.</li> <li>➤ Imam Sadr Foundation will be offering a presentation of their programs during the next task force meeting in November.</li> </ul>

## **2. Presentation of the WHO-AIMS (The WHO Assessment Instrument for Mental Health Systems) for Lebanon**

- The World Health Organization Assessment Instrument for Mental Health Systems (WHO-AIMS) was used to collect information on the mental health system of Lebanon.
- The tool comprises six domains that are interdependent, conceptually interlinked and that all need to be assessed to form a relatively complete picture of a mental health system: 1) Policy and legislation framework, 2) Mental health services, 3) Mental health in primary health care, 4) Human resources, 5) Public education and links with other sectors and 6) Monitoring and research.
- The assessment took place between February 2015 and July 2015, and data retrieved is based on the year 2014.
- The results of the assessment corroborate and quantify what we already know about the Mental Health System in Lebanon: that it is mainly private, under-staffed and that non-specialists are not equipped to provide mental health services. As such, this report further exacerbates the need for all actors to cooperate and collaborate for the successful implementation of the Mental Health and Substance Use Strategy for Lebanon which aims to address all the challenges and responds to the recommendations stemming from this report.
- This assessment exercise will be repeated every five years. The next assessment will be in 2020 and will allow us to measure the impact of the Mental Health and Substance Use Strategy for Lebanon 2015-2020.

- The report will be shared with all by email once published.

## **3. Brainstorming for the South MHPSS TF action plan 2016**

- In preparation of the development of the South MHPSS TF action plan for 2016, a first brainstorming session was held during the meeting.
- A list of the challenges brought up during the discussion and potential actions the TF can undertake to address them will be shared with all along with the minutes.

- The brainstorming will continue during the next meeting in November.
- To ensure a fruitful discussion during next meeting, it was agreed that all organizations in the TF should think of challenges faced in their own MHPSS work and of actions the TF can undertake to address them.

## **4. General Updates**

<p>➤ The MoPH has been preparing for a national mental health campaign:</p> <ul style="list-style-type: none"> <li>• <b>Theme:</b> <i>Dignity in Mental Health</i></li> <li>• <b>Slogan:</b> “My mental health is my right”</li> </ul> <p>- <b>Informational brochures</b> for patients and their families have been developed and include information around the rights of persons with mental disorders and information that clarifies the roles of the different professions related to mental health.</p> <p>- <b>A TV spot</b> will be aired featuring representatives of the Ministries of Public Health, Justice and Social Affairs, Presidents of the Lebanese Psychiatric Society, Order of Nurses, Order of Pharmacists, Syndicate of Psychotherapists and Lebanese Psychological Association, and the Head of the Institute for Development, Research, Advocacy and Applied Care (IDRAAC), have all joined in this TV spot to emphasize all together that mental health has a whole system in the country that is being geared to ensure equitable access to all to quality mental health services; and that all people have the right to consult and seek treatment.</p> <p>➤ An <b>online training calendar for the MHPSS TF</b> was set up on an online platform called “Teamup”.</p> <ul style="list-style-type: none"> <li>- Very user-friendly platform, no user account needed.</li> <li>- Calendar can be accessed through a secret link (invisible on search engines).</li> <li>- Persons can create a desktop shortcut or add to the home-screen of their mobile device for regular easy access.</li> </ul>	<p>➤ Organizations interested in receiving brochure packages can send an email to Ms. Nour Kik (MoPH).</p> <p>➤ An official letter will be sent to the program coordinators of TF organizations to nominate one focal person that will be responsible for entering all relevant information on trainings/workshops conducted by their organization in all governorates. This person will be provided with a specific link that will allow him/her to add information to the calendar. All other TF members will be provided with a "read-only" link.</p>
--	--

**Next meeting: Tuesday November 3, 2015 at 10 am at Imam El Sadr Foundation, Sour**