



## North MoM-MHPSS TF

<b>Date</b>	6 <sup>th</sup> of February 2019	<b>Venue</b>	Restart Center - Tripoli
<b>Time</b>	2:00pm to 3:00pm	<b>Minutes prepared by</b>	Alain Gebrayel (MOPH-National Mental Health Programme)
<b>Organizations attending</b>	ABAAD, Concern Worldwide, International Medical Corps, International Organization for Migration (IOM), Medecins Sans Frontieres – Switzerland, Ministry of Public Health – National Mental Health Programme, Restart Center, UNICEF, UNHCR		

### Agenda

1. MHPSS TF Action Plan 2019 Implementation Scheduling
2. Discussions around Challenges Related to Triage for Referral to Psychiatric Admission
3. Updates on Information Management Systems, MHPSS and 4Ws
4. Any Other Business

Discussion	Action / Decision / Suggestion
<b>1. MHPSS TF Action Plan 2019 Implementation Scheduling</b>	
<p>The MHPSS TF 2019 Final action plan developed by the task force includes the following actions:</p> <ol style="list-style-type: none"><li>1. Develop criteria for triage of persons to be admitted for psychiatric admission.</li><li>2. Roll-out self-care training for frontliners.</li><li>3. Develop staff care policy for NGOs.</li><li>4. Harmonize compensation of mental health professionals across organisations.</li><li>5. Create consensus among actors on a model for technical support and supervision for mental health in organisations.</li><li>6. Harmonize clinical files across organisations.</li><li>7. Establish mental health emergency response mechanism.</li></ol>	<p>The below numbered decisions correspond to the action plan objectives on the left:</p> <ol style="list-style-type: none"><li>1. Objective to be implemented in Q1. First step will be focused discussions on challenges related to triage for referral to psychiatric admission with organizations during the MHPSS TF meeting. After that interviews will be conducted with psychiatrists working in referring organisations about the challenges faced. Based on the situation analysis, criteria will be drafted and reviewed by the MHPSS TF. They will then be piloted.</li><li>2. Implementation has begun (Q1), the plan for roll-out of the trainings is under development.</li></ol>



8. Scale-up capacity-building for emotional crisis management among frontliners.
9. Increase substance use response services in North and South.
10. Develop shelters/supported housing for persons with mental disorders.
11. Integrate the standardized M&E tools developed in MHPSS programmes and ensure monitoring system.
12. Increase services for children with special needs in remote and rural areas.
13. Develop guidelines for evidence-based quality MHPSS services for children.

Trainings are based on the national self-care training manual for frontliners developed in 2018 by MOPH and Abaad in line with the 2018 Action Plan of the Task Force.

3. Funding has been secured for this objective. Implementation will begin in Quarter 2.
4. The process will start in Q2 with an online anonymous survey to clinical psychologists working in organizations to get their feedback on what they find reasonable in terms of ranges and benefits. Organizations will also be asked to send their salary scale and benefits package if possible.
5. Implementation will begin in Q4
6. Q4. A standardized clinical file template for the Community Mental Health Centers is currently under development. Building on that, a template will be develop for mental health service providing organizations.
7. Funding needed. The national mental health programme is starting discussion with the Lebanese Red Cross on this objective. All those who wish to support in this objective can meet with the programme bilaterally to discuss how to move forward.



8. Budget is secured for 2019 with FPS and further trainings will be given. In 2018, 5 groups of frontliners were trained in Beirut and all governates in Lebanon.
9. For the North funding is secured as part of project with Skoun and Medecins Du Monde funded by Agence Française de Développement in line with the national mental health and substance use strategy for Lebanon. Implementation will begin towards the end of 2019. Funding is needed for the South.
10. This objective has no funding. All those who wish to support in this objective can meet with the programme bilaterally to discuss how to move forward.
11. Q1. This project is funded by IMC. We are currently in the process of hiring a consultant to develop with the task force in a participatory process the M&E tools.

Coordination has started with the PSS committee to join efforts around PSS and set out a joint action plan. These three objectives set by the MHPSS TF will be part of the joint action plan:

11. Integrate the standardized M&E tools developed in MHPSS programmes and ensure monitoring system.



12. Develop guidelines for evidence-based quality MHPSS services for children.

13. Increase services for children with special needs in remote and rural areas.

## 2. Discussions around Challenges Related to Triage for Referral to Psychiatric Admission

➤ The objective of “ Developing criteria for triage of persons to be admitted for psychiatric admission.” In the 2019 MHPSS TF action plan came from the challenge raised that there are long waiting lists for referral to admission to inpatient psychiatric care and thus the need to have triage criteria to prioritize cases. In preparation for the development of the criteria, a focused discussion was held during the MHPSS TF meeting on the following questions to probe on the matter:

- What are the specific challenges you face related to triage?
- Have you done anything to face these challenges?
- What worked and what did not work?
- What are the lessons learned?
- Do you have any suggestions?

1. Restart Center:

- Restart Center usually admits persons to Cross hospital and Soukkari Hospital (specifically for persons who do not have caregivers)
- Criteria for admission are:
  - i. Date the person is referred
  - ii. Urgency of admission
- The favorable features that aid in admittance:
  - i. Restart Center have psychiatrists three days a week which is an advantage.
  - ii. Relations with Cross Hospital and other hospitals which helps them with admittance.
  - iii. Restart Center have trained Islamic Medical Association to transport persons in psychiatric



emergencies.

- The challenges that were raised:

- i. Cross hospital takes time to admit persons depending on bed availability, physical examinations, and 10% remaining coverage.
- ii. Mobility restriction
- iii. Transportation from North to Cross hospital

2. International Medical Corps:

- The favorable features that aid in admittance:

- i. Case managers work with high risk persons continuously
- ii. Persons are given medication

- The challenges that were raised:

- i. Transportation can be expensive
- ii. Cross hospital do not admit persons after 1:00pm
- iii. As mentioned before, 10% coverage difference is difficult to procure.



a) Danish Refugee Council only cover persons whom access their case management service.

### 3. Updates on Information Management Systems, MHPSS and 4Ws

- 4Ws Online Platform:
  - 40 organizations registered
  - 24 active organizations
  - 170 activities published until February 4<sup>th</sup>
- MHPSS Monthly Indicators:
  - 26 organizations registered
  - 18 organizations reported in January

- Kind reminder that the deadline to submit the online monthly report for January is on the 15<sup>th</sup> of February. **System would close after that!**
- Whenever you are done reviewing or reporting on the MHPSS indicators, do not forget to send to facility director
- Kindly request a meeting with us for a walkthrough of any of the mentioned platforms. Any challenges? Questions? Please contact: Alain Gebrayel - [gebrayel.alain@gmail.com](mailto:gebrayel.alain@gmail.com)



#### 4. Any Other Business

1. Do you know of any organizations working in Donnieh specialized MHPSS

- Organization name?
- Contact Person?
- Scope of work?
- Target Population?

1. Organizations working in speciliazed MHPSS?

- a. Lebanese Red Cross are working PSS
- b. Concern Worldwide are also working PSS
- c. IMC are working from a PHCC in Meriata which is 10 minutes away from Donnieh
- d. MSF-Switzerland can work in Donnieh as part of their community based approach.

2. Minieh Governmental Hospital is admitting psychiatric emergency cases. They are also willing to open a psychiatric ward but lack the funding.

3. UNHCR are looking to contract Saydet Zgharta Hospital to admit persons in psychiatric emergency

**Next meeting: (6<sup>th</sup> March from 2:00pm to 3:00pm, Restart Center - Tripoli)**